

## Paddle Trails Canoe Club

### Moving Water Canoeing Class

#### Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Course Fee Free \_\_\_\_\_

Paddle Trails Membership Fee\* \_\_\_\_\_

\$25 per household \_\_\_\_\_

Please fill out a separate form for each person you are registering for the class (make copies if necessary).

Expectations for the class \_\_\_\_\_

I will be taking the class:

Solo  Tandem (partner's name \_\_\_\_\_)

#### Paddle Trails Canoe Club Parental Release Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone \_\_\_\_\_

Emergency Phone \_\_\_\_\_

As parent(s) or guardian(s) of \_\_\_\_\_

I / We give my / our consent and permission for said child to participate in the paddling class sponsored by Paddle Trails Canoe Club.

#### DATES

**Saturday & Sunday July 11<sup>th</sup> & 12<sup>th</sup>, 2009**

#### COURSE ORIENTATION AND OBJECTIVES

This course is designed for the canoeist(s) who would like to gain the basic skills necessary to paddle on moving water. Novice canoeists are welcome and even those who may have just purchased a canoe and are now wondering "how the heck do we make this thing behave?" Even those with some flatwater experience will find much to be gained. We have three basic goals in mind in offering this class: safety, enjoyment, and skill acquisition. It is our hope that after completing the class all students will have acquired the knowledge and skills to safely and enjoyably paddle their canoe on easy moving water (Class I to I+).

#### COURSE REQUIREMENTS:

Paddle Trails Canoe Club Membership

18 years or older. Persons 12 – 18 years of age may participate if accompanied by a parent or legal guardian.

A canoe appropriate for usage on easy moving water. This means just about any kind of canoe that is in good condition. All canoes must have enough built in flotation to keep them buoyant even if filled with water.

Ability to swim 75 yards.

Well fitted life jacket.

Wool or polypro and fleece clothing is the minimum for all on water outings. For on river outings wetsuits recommended for comfort and safety.

A commitment to attending all sessions of the class

A willingness to learn and a good sense of humor.

#### IMPORTANT INFORMATION

Class size is limited to a total of 5 Tandem Canoes and 10 Solo Canoes. Enrollment is based on a first come first served basis, with paddlers who have not previously taken the class having priority. Your place will be reserved when the course coordinator receives your application & confirms your membership in PTCC. Please contact course coordinator when you send in form.

#### COURSE COORDINATOR

Michael McLean  
206-323-2476; memc51@hotmail.com